

Whitfield District Primary School

NEWSLETTER

Term 2 May 1st, 2019

Exceptional Educational Experiences

DATES TO REMEMBER

3-4 Camp at 15 Mile Ck Mon 6 th	– Thur 9 th May
5/6 Parliamentary Education visit-Moyhu	Tues 7th May
Cluster P.B sports practice at Whitfield	Mon 13 th May
NAPLAN Years 3 & 5 Tues 14 th -	- Thur 16 th May
Life Ed van	Fri 17 th May
Personal Best Sports @ Appin Park	Tues 21 st May
School Council meeting @ 7pm	Tues 21 st May
Queen's B'day Public Holiday	Mon 10 th June
Pupil Free Day – (assess-reporting)	Tues 11 th June
P-6 Opera Victoria in Melbourne 6:30am	Mon 17 th June
School Council meeting @ 7pm	Tues 18 th June
End of Term / Jump rope demo	Fri 28 th June

SCHOOL CALENDAR DATES

The school calendar dates in the pink text box above, provide you with the excursions and events that are happening at the school in the next few weeks. It is important that parents take notice of the events and dates (write them in your diary/calendar), as we now have the general permission form for local school excursions during school times.

Stick the latest newsletter on your fridge!

'THUMBS UP' AWARD

The Principal's 'Thumbs Up' Award recipients are students that have been seen doing great things at our school.

Johann: For being polite, very focussed in class and always doing his reading and spelling homework.

Joah: For his great work habits and getting along and working well with everyone.

Zoi: For being really engaged in all literacy and numeracy sessions at school.

Owen: For his caring, friendly nature and ability to play with all students of all ages.

MUSIC

Every Thursday we have music between recess and lunch times we sometimes do the guitars, singing each lesson we play a game at the end of the lesson. It's called freeze so what we do is stop when the music stops the last person out is the winner. By Toria.



Handling money

Encouraging your child to think about money, saving money, and considering how they spend money is very important.

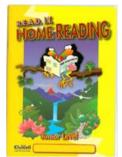
Here are some tips and activities:

- Encourage your child to work out how much change you will get after buying something.
- » Investigate costs for family trips together. For example, a visit to a theme park may include the cost of transport, entry tickets, food and transport.
- Discuss saving money for presents or something your child may want to buy. Work out how long it will take to save this much if they get a small amount of money each week.
- Negotiate increases in pocket money as percentages. For example, a 5% increase would be how much money per week?
 Is this better than a monthly increase?
- Encourage your child to save a percentage of their pocket money or birthday money and work out how much this would be. For example, how much money would you have if you saved 40% each week?
- Calculate together how much a mobile phone costs per month. What percentage of total cost is spent on messages and what percentage on phone calls?
- Read the newspaper or watch the news. Discuss what is happening with the stock market and why these changes may occur.



HOME READING

The students have started their 'Home Reading' with most students reading each night. The yellow books (P-3) and green books (4-6) have lots of great tips for parents to help their child learn to read and they have sticker awards to reward the children for their efforts. Your help and nightly practice is vital. Reading at home has many benefits for your child and you.





We have a number of students who have already reached their 50 nights' certificate! Congratulations 25 nights home reading:

Amy, Judd, Paul Congratulations 50 nights home reading: Johann, Inanay, Nina, Vera Congratulations 75 nights home reading:

Casey, Emily, Milly, Emilio, Zoi, Ned, Wirra

INTEGRATED STUDIES

Africa

On the last day of term we had made posters about what we had researched about Africa. We had topics that were history, landscapes, food, population, weather, beliefs and animals. We all went in to the Africa room to present our work and we talked about our posters. At the end Easter bunny came we got 3 eggs and then we went home early. By Emily, Casey and Normie



South America

On the last day of term we displayed everything we learnt about South America and Africa. I did South America. I did the flags, population and the biggest city. The least populated country in South America is Suriname. Paul and Johann did the populations, Tobias and Judd did the Amazon, Ned and Ethan did food, Wirra and Kody did landscapes, Zoi and Aroha did animals, Ollie and Hope did landmarks and famous things, Robert and Mike did temperature and biomes. We presented our work on posters. We showed our work to the parents. By Amy



SCHOOL BUS TRAVELLERS

If your child is having a 'sleepover' at another student's house and is catching the bus to get there, please notify Wendy. It is important that the bus rolls are accurate.

Please call Wendy in the morning if your child is not catching the bus to school (and usually does). Mobile 0418 989 938, she is also on UHF Ch 40 Thanks ©

Puppet Show at Myrrhee Hall

On Wednesday the cluster all went to the Myrrhee hall and when we got there, we did whatever we wanted. When we went in the hall, we met the person who was doing the puppet show. It was kind of in the prep to grade two phase, but it was funny. By Owen, Paul and Zac.



Puppet Making

In the puppet workshop all the grade 6s from the cluster came to the Myrrhee hall to learn how to make a puppet out of paper. We worked in groups of 3's there was an alien from outer space, tank frog, octopus, girl, zombie, and a lizard. We had to make up a little play about our puppet's interaction with a flower. you had to look at the audience then look at the flower, most of the groups threw the flower at the end. By Judd and Wirra.

In Italian we all got a sheet of paper on the sheet of paper were 9 pictures of famous sites in Italy, we were also given a regions/state map of Italy. We all had to find the cities and regions of each site that's on the sheet and stick them on the map, label the site, city





and region. We then got to choose something of our choice and again to find the city and region and stick it on the map. We have all finished and coloured them in. By Emilio

EVERY DAY COUNTS – school attendance

Remember, every day counts. If your child must miss school, speak with your classroom teacher as early as possible.

Remember...

*Phone the school 5729 8286,
*Phone or text the School 0428 298 286,
*Email whitfield.ps@edumail.vic.gov.au
*Or supply a note before the absence.
The school must be informed of all absences by 9am. Thank you ©

DRAMA

Every second Wednesday we do drama lessons. Last term we did plays in groups. I did the potato man with Ned, Amy and Emily. The potato man was a remake of the ginger bread man. There were other plays and remakes like the three little pigs, snow white and the three dwarves and another three little pigs. When we had practiced enough we performed them and filmed them. When we watched them we wrote about what we could work on and what we were good at. Then we rated the performance and our acting. Then we got to

By Ollie.



HEAD LICE

We have had reports of head lice in the local community, please check your child's hair regularly. If nits or eggs are present, please commence treatment and remember to retreat. Head lice information can be found at https://www2.health.vic.gov.au/public-health/infectiousdiseases/head-lice/about-head-lice

HOT LUNCHES – Terms 2 & 3

Thanks to Cathy for the warming Chicken noodle Soup and Petra for the



yummy apple fritters. It is great to have Hot Lunches back for the winter terms. Remember you can bring a receipt in for reimbursements of the cost of making hot lunch if you'd like.

GARDENING

We came back from a two week holiday and the gardens were full of weeds, so we got to work. Milly and I got harvesting our beans, Aroha and Nina got weeding then we wanted to make it look nicer so we raked out the leaves and got out the dead plants out. Some people have planted new plants in their beds like broccoli, silver beet, spinach, corn, rhubarb and beetroot. Then everyone got a picture of their garden at the start of the term. By Zoi and Milly

Mac.Rob Meet and Greet day (academic outreach program)

On the first day back at school I headed down to Melbourne with Mr VB to the Mac. Robertson Girl's High School. We arrived at around 9:30 and met some kids from schools like Healesville, Jamieson & Merrijia. We were introduced to the program. We then met my mentors and other kids in my group and did some activities to know everyone better. My mentors were Yogita & William but there were a few extras helping called Tiger & Sajel. Tiger & William were from the Melbourne High School. Tiger was training as an army cadet. The other kid in my group was Coby & she was from Merrijig. Isabelle from Carraragarmungee was absent. We talked and then played some games in the stadium. After that we went back and started doing science experiments. My group did a science experiment about if a big block of the same mass as some smaller blocks would melt faster. The smaller blocks melted faster because there was more space for the heat to come in and melt it and there was more surface area. We used Bunsen burners to speed up the process. Then we all did a science experiment about how a reactive metal (magnesium) would react to acid. We then put a flame to it and it made a loud POP! We had lunch and then went home. My visit to the Mac. Rob school was good. By Ned.



OSH Holiday Program

In OSH there were lots of fun Easter activities, even an Easter egg hunt. But before the hunt we made cute Easter egg baskets that we could also take home. We also made love heart bath bombs, two small bath bombs and one



big bath bomb. There were 5-12 kids each day there during the two weeks. We also watched an Easter movie called Hop. By Robert.

RETURNING TO AUSTRALIA

The familiar ding goes and the announcement begins, only this time it's in English with an Aussie accent. We have been in South America for 3 months and now we are home. We continue through the airport until we get to customs. They speak English too. We have officially entered Australia! Though we've been awake for 48 hours I don't feel tired at all. On the drive home we see kangaroos. Some of the differences that we notice are there are no road side stalls, they drive on the other side of the road, I can read the signs, there are no dog on the streets and the streets are a lot cleaner. On my way home I saw that everything was drier but the trees were the same. Eucalypts trees are in South America as well. I was so happy to be home and I couldn't wait to see all my friends again.

By Claire and Isabelle.



All school newsletters are available on the school website;

www.whitfieldps.vic.edu.au

The Reflexive Evidence & Systems interventions to Prevent Obesity & Non-communicable Disease (RESPOND) project is an exciting study that is being conducted at our school. All Grade 2, 4 and 6 students at your school are being invited to participate. This study will examine influences on healthy weight and related behaviours (physical activity, sedentary behaviour, diet quality, sleep and wellbeing) among children and adolescents across the Goulburn Valley and Ovens Murray region of Victoria.

We ask that you please read the information that came home today carefully, so that you can make an informed decision about your child's participation. We ask that you only return the OPT-OUT recruitment form should you and or your child decide NOT TO participate.

Your child's participation in this study is assumed unless you indicate via the return of the signed OPT-OUT recruitment form that you do not wish for your child to participate.

If you and your child agree to participate we would like your child to complete the following activities:

• Complete a brief physical activity, sedentary behaviour, food intake, sleep and wellbeing questionnaire (Grade 4 and 6 only);

• Have their height and weight measured in a private and professional manner by trained health professionals and/or educators (All Grades 2, 4 & 6);

• Some children will be asked to wear a watch-sized activity monitor like a Fitbit (accelerometer) on their wrist for 7-days. They will need to return this monitor to school at the end of the week (Grades 4 & 6).

All activities will be conducted throughout a normal school day, in school time.

All information obtained in connection with this research that can identify your child will remain confidential. Your child's data will be made anonymous during analyses, therefore, you child will not be identified in any report, publication or presentation.

Results of this study will provide information about effectiveness of current efforts to improve the health of Victorian children and adolescents. This information will be used by educators, policy makers, health service providers and researchers in future efforts to improve the health of Victorian children and adolescents.

If you require further information or have any problems or concerns regarding this research, you can contact Dr Joshua Hayward. With warm regards,

Joshua Havward

Research Fellow, Global Obesity Centre Geelong Waterfront Campus, Deakin University Locked Bag 20000, Geelong Vic, 3220 PH: (03) 5247 9694